

HELP® 0-3 Alignment with Head Start Early Learning Framework

Head Start Central Domains	1 APPROACHES TO LEARNING	2 SOCIAL AND EMOTIONAL DEVELOPMENT	3 . LANGUAGE AND LITERACY		
Infant / Toddler Domains	1 Approaches to Learning	2 Social and Emotional Development	3. Language and Communication		
→ HELP® Strands	0.0 Regulatory/Sensory Organization 1-1 Development of symbolic play 1-4A,B,C Problem solving 2-7 Communicating through rhythm 4-6 D Paper Activities: Paste, paint, fold 5-3 Expression of Emotions and Feelings 5-4 Learning Rules and Expectations 5-5 Social interactions and play	2-1B Understands meaning of words- Body Parts 5-1 Attachment/separation/ autonomy 5-2 Development of self 5-3 Expression of Emotions and Feelings 5-5 Social interactions and play 2-4A Communicating with others: Gesturally 2-4B Communicating with others: Verbally	Receptive Language and Communication (Attending and Understanding; Vocabulary) ^a	Expressive Language and Communication - Speaking and Vocabulary ^b	Emerging Literacy Skills: ^c only applicable if > 7 mo.
			2-1A,B Understanding meaning of words 2-2 Understanding and following directions 2-4A Communicating with others: Gesturally	2-3 Expressive vocabulary 2-4B Communicating with others: Verbally 2-5 Grammar & sentence structure 2-6 Sounds and intelligibility	1-6A Concepts - Pictures 2-7 Communicating through rhythm Spatial perception and planning: 4-6A Pre-writing
0-3 Alignment	↑ Strand ID	↑ Strand Title			

Aligned by Stephanie Parks Warshaw author, HELP® 0-3 Strands, in collaboration with Robyn Culley, Early Head Start Coordinator
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4 COGNITION		Perceptual, Motor and Physical Development				Head Start Central Domains
4 Cognition		5 Perceptual, Motor and Physical Development				Infant/ Toddler
		a <i>Perceptual</i>	b <i>Gross Motor</i>	c <i>Fine Motor</i>	d. <i>Health, Safety, Nutrition</i>	Sub-Domains
1-1	Development of symbolic play					
1-2	Gestural Imitation	0.0 Regulatory/Sensory Organization	3-1 Gross motor - Prone (on tummy)	4-2 Grasp and prehension	6-1 Oral-motor development	
1-4A,B,C	Problem Solving	1-1 Development of symbolic play	3-2 Gross motor - Supine (on back)	4-3 Reach/ Approach Development of	6-2 Dressing	HELP®
1-6B	Concepts: Numbers	1-2 Gestural Imitation	3-3 Sitting	4-4 voluntary release	6-3 Independent feeding	0-3
1-7A,B,C	Discrimination/ Classification	1-3 Sound awareness & localization	3-4 Weight-bearing in standing	4-5 Bilateral and midline skills	6-4 Sleep patterns and behaviors	Strands
5-4	Learning Rules and Expectations	1-5 Spatial relationships	3-5 Mobility & transitional movements	4-7 A-D Manipulative prehension	6-5 Grooming and hygiene	Alignment
6-7	Household Independence & Responsibility	4-1 Visual responses & tracking	3-7A-F Advancing Postural Control		6-6 Toileting	
		4-6 A,B,C Spatial perception and planning			6-7 Household Independence & Responsibility	←
		6-2 Dressing				
		6-5 Grooming and hygiene				